

Season of Creation



ArchIndy
Creation Care
Commission
Week 4



Feature: Reduce, Recycle, Reuse

We live in a culture of having and buying, where it is often easier to get something new rather than take care of all that we have.

Let's try to **reduce** by simplifying the consumption of certain products that may be unnecessary (whether water, energy, food, or household products), **reuse** by looking for another purpose for our things or sharing them with others, and **recycle** in the appropriate manner once a product has fulfilled its functions in every way. When we do this in our homes, workplaces, churches, and schools, we not only help our earth but initiate a culture of giving in our communities.

Lord - in Your mercy, You have designed an earth that can provide enough for all. And in Your wisdom, You have created an earth that also requires our care to preserve it. Give us strength to joyfully fulfill our responsibility.

Take Action!



Monday: Go meat-free if you dine at a restaurant today or this week



Tuesday: Investigate insulating the first 3 feet of pipe that enter/exit your water heater to maximize efficiency



Wednesday: Save your cup of water in the fridge for your next meal instead of pouring it down the drain



Thursday: Reuse glass bottles and jars as vases, to store bulk pantry items, or as bathroom/office organizers



Friday: Walk, bike, or share a ride to work or school



Saturday: Visit Brown County State Park (all levels of trails, biking as well)



Sunday: Read Chapter 5 of Laudato Si'

This is not intended to provide medical advice. Consult your physician before starting something new!

OurCommonHome.org

From Sept to Oct each year, Christians around the world celebrate the Season of Creation by praying and acting together to protect our common home. View all 5 weeks and find more info and events on the website!

Sponsored by the Creation Care Commission of the Archdiocese of Indianapolis with support from

