



STA WEEKLY NEWSLETTER

February 9, 2018

www.staindy.org

MASS WITH THE ANOINTING OF THE SICK

At our regular 8:00AM Mass February 11, we will be offering the Sacrament of the Anointing of the Sick. We encourage you to participate in the Sacrament of the Anointing the Sick if you are: ill, of advanced age, have had health issues, enduring chronic illness, a young child with a life threatening illness, an older child who requires adult care, or anyone preparing for an operation or a general anesthetic. This sacrament is able to be received more than once in your life time. It may be received on any occasion that you find yourself to be in one of the above circumstances. The sacrament provides grace to endure your infirmity, unites your sufferings to the Passion of Christ, and prepares the soul for everlasting life with our God.

WALKING WITH JESUS

Lent is a time to re-orient ourselves and take stock of what is important. Adding something new to our daily routine serves to guide us along that journey as we spend time with Jesus. Here are some ideas to spark your own ideas:

1. In the morning center yourself by calling to mind the grace that you are seeking this Lent for yourself, and for the country
2. Early in the week read the Gospel for the upcoming Sunday, return to it each day and dialogue with Jesus about what you see and hear.
3. Use the “little black book” provided at STA each day—its meditations follow the Passion according to Mark.
4. Attend the Stations of the Cross with the community on Fridays at 6:00 PM.
5. Come to the Holy Hour from 5-6:00PM in the Bosler chapel on Tuesdays and/or Thursdays. Come, even if you can only stay a few minutes!
6. walk the Stations privately in the church from 5-6:PM on Tuesday or Thursday; if you have only a short time, choose a single Station and spend time with Jesus there. Bring your children and say the Stations as a family.
7. Join the STA morning prayer group once a week or more—all are welcome!
8. Say a rosary with the family, or choose a single mystery of the rosary and simply spend time with Jesus and Mary there.
9. Share with others your own ideas about how to make this Lent different.
10. Do something special in the parish or the community or the environment as a prayer in action—volunteer for something.
11. Attend education offerings between the Masses.
12. Attend a mid-week Mass.

LITURGY REFLECTION GROUP

Are you interested in learning more about the Liturgy? If so, we will be forming a Liturgy Reflection Group starting on Sunday, February 25th at 9am (between the two Sunday masses). The group will be reflecting on various articles in order to grow in our knowledge of what the Church teaches about the vital role our Catholic Christian Liturgical experience plays in our lives. The group will end in May (after 4 sessions). All are welcome. If you would like to participate, please contact Cheryl Taylor at ctaylor@staindy.org to sign up. Dates: February 25th, March 18th, April 22nd and May 20th, at 9am in the Bethany room (the February 25th date will be held in the Bosler Chapel)

“SPIRITUALITY & DEPRESSION”

The STA Wellness Committee invites you to the second session of “Spirituality and Depression” February 15, 2018 St. Thomas Aquinas Bethany Room 7:00 PM. Depression affects many people in the United States and its debilitating effects can cause much suffering. But there is hope. Developing our spiritual lives, along with other common therapeutic approaches, can provide hope, health and healing for those who struggle with depression. During our evening talks, Fr. Michael Hoyt will explore what depression is, how it affects individuals and groups, and discuss how spiritual growth with God’s grace can indeed help us move through depression.

STA MINISTRY TO SENIORS

The STA Wellness Committee is announcing a new service ministry for St. Thomas Aquinas, Immaculate Heart of Mary and St. Joan of Arc parishes. The ministry is being developed in service to older parishioners, parishioners who have older family members, and parishioners who are homebound in the community.

The ministry will have two components: during Spring 2018 a series of presentations will be offered that will empower attendees by providing answers about community resources, legal issues, institutional care, and palliative care for the targeted populations. In addition, a team of volunteers from the three parishes will reach out to offer assistance to identified homebound parishioners to enhance their quality of life and their connection to the Tri-Parish community. The first program will be presented on February 11, between the Masses (9 a.m. to 10 a.m.) by Kate Kunk, RN, Caregiver Options Counselor for CICOA Aging and In-Home Solutions. Please Direct questions to Duane Etienne via email at etiennedjf@gmail.com.

CREATION CARE

The Creation Care Ministry invites you to “Eat for Good” this Lent. There will be displays in the narthex with more information about how you can reduce food waste, shop seasonally and locally, support farmers, and eat less meat. For a preview, visit the Oxfam website <https://www.oxfamamerica.org/take-action/campaign/food-farming-and-hunger/eat-for-good/>

LENTEN CLOTHING DRIVE

Time again to simplify your life and clean out your clothes closets and drawers! As Lent approaches we are all asked to reflect on how we conduct our lives. As Pope Francis says, “A simple lifestyle is good for us, helping us to better share with those in need.” This Lent the Haiti Committee and the Creation Care Ministry will have a collaborative collection of clothes for the Haiti sea container after the Masses on a weekend during Lent (TBD). So, dive into your closets and drawers to see what does not “spark joy” (Marie Kondo’s criterion in her book *The Life-Changing Magic of Tidying Up*) and simplify your life with the joy of giving.

BEREAVEMENT MINISTRY TEA AND EMPATHY

Our next meeting of Tea and Empathy will be Monday Feb. 12 in the parish center conference room. We will begin at 1 p.m. and end at 2:30 p.m. Please enter Door 8, the main door for the parish center on Kenwood. This is a sharing group for anyone dealing with loss, grief and mourning.

RESURRECTION SCROLL

Bereavement Ministry is sponsoring the Resurrection Scroll again this Easter. This is a listing of our deceased loved ones. (Family members, parish members or close friends). Parish members are encouraged to include those names for remembrance this Easter season. The names will be printed on the Scroll, which will be framed and hung in the Narthex beginning Easter Sunday. It will remain there through the year. Envelopes will be available in the pews Feb. 17/18 through March 17/18. Those participating may write the name(s) of loved ones on the front of the envelope and include a donation for the Bereavement Ministry inside if possible. Please drop the envelope in the collection basket at any of the masses. For questions, please call either Jane Clarke ([317-506-4138](tel:317-506-4138)), or Helene Scott ([317-201-8709](tel:317-201-8709)).

PRAYER SHAWL MINISTRY

The STA Prayer Shawl Ministry is ready to move into full swing. We welcome people who knit and crochet to spend one evening a month to create shawls, lap covers, or small baby blankets to be given to children who are baptized at STA. Our next gathering is Wednesday FEB. 21 at 7:00 to 8:00 p.m. We will meet once a month on the 3rd Wed. of each month. We meet in the parish center in the conference room with the large table. Come to pray with us, and work on a tangible project that will show love and support for parishioners who are ill, have experienced the death of a family member, or parents who are baptizing their children. For more information, contact Liz Atkins at:

atkins2@sbcglobal.net

CHRIST RENEWS HIS PARISH RETREAT: “COME TO THE QUIET” MARCH 3 AND 4, 2018

Registration is now open for the 2018 CRHP Women’s Retreat. The retreat takes place at STA; it begins with breakfast on Saturday, March 3 and ends the next day by mid-afternoon. This is an opportunity to step back from the demands of daily life and open your heart to grace, renewal, and growth in your faith. The weekend will feature time for listening, time for prayer, periods of quiet reflection, delicious home cooked meals, and the opportunity to make new friends or deepen your relationship with old friends. Following the retreat weekend, you are invited to continue your faith journey with your new retreat sisters. You can register on-line at the STA website (under the Spiritual Life tab) or with the paper form found in the narthex. For questions, contact Evelyn Ridley-Turner (317-374-0769, ridleyturner@indy.rr.com), Sharon Horvath (317-255-9316, sharonh24@gmail.com), or Cathy Harrington (231-290-5064, harringc@gmail.com)

ST THOMAS MEN'S RETREAT

The annual retreat is coming up, so mark your calendar. The dates for the annual St. Thomas Aquinas Men’s Retreat are **March 9-11,2018**. We will be staying at St. Meinrad Archabbey in southern Indiana.

This is an unstructured retreat in which you are able to use the time how you choose to. There are many activities to keep you busy, or a chance to read a book you have been trying to get to. Many will take in the opportunity to attend prayer services with the monks at the Abbey church (occurs throughout the day), and there are several hikes to shrines available. It is a great get-away and always helps to put things in perspective for me. For more information and RSVP reply to Bryan O'Reilly at btobrewing@gmail.com or by phone at **317-442-8427**.

GUARDIAN ANGEL GUILD BOWL-A-THON- “ROLLING FOR RESOURCE”

The Guardian Angel Guild will hold its annual Bowl-a-thon to raise money for Resource Programs throughout the Archdiocese. The Guardian Angel Guild will match the pledge amounts of any STA teams. That means that our own STA School Resource Program could receive up to \$500 above what we collect as donations. The event is Sunday, February 25, 2018, at 1:00 pm at Hindel Bowl.

Registration forms must be submitted by February 16. So dust off your bowling balls, form some teams with friends, and come have fun, while helping our Resource Program. For more information, contact Jenny Fleetwood at the school:

jfleetwood@staindy.org. You can ask Jenny how to form, join, or contribute to a team. Please help this great organization support our students.

IVY TECH PRESIDENT TO ADDRESS CBE

Sue Ellspermann, Ivy Tech Community College’s ninth president, will address the February Catholic Business Exchange. The title of her talk is: *Christian Leadership During Tumultuous Times*.

The event is Friday morning, February 16, at the North Side Knights of Columbus. Mass starts at 7am and the program will be finished by 9am. Cost for the program includes a great breakfast and is \$15 in advance for members and \$21 for non-members. Registration is required. To register, pay online and for more information, visit www.catholicbusinessexchange.org.

EASTER FLOWERS

Purchase your Easter Lilies, Hydrangea and Azaleas while **supporting St. Thomas Aquinas School Parent Association**. Money raised from this fundraiser goes to provide support for field trips, our spring musical, grandparent's day, teacher appreciation efforts and innovation in the classroom, just to name a few. Please think about your homes, gifts for family, your offices, or places of business that you support. If you do not use plants in your home, please consider **donating** an Easter Lily to be used to decorate the church for Easter Masses.

BISHOP CHATARD HIGH SCHOOL

Summer Camp Registration is now open!

Bishop Chatard High School offers a variety of camps that encourage 1st through 8th grade students to explore new interests, challenge their imaginations and hone current skills. Athletic and enrichment camps appeal to students interested in theatre, technology, music, sports, community service, art and more. Half and full-day camps are available, or your child may bring a lunch and experience different camps in our morning and afternoon sessions. Early-bird and multiple camp discounts are available. Visit www.bishopchatard.org/camps/ to learn about the camps being offered and to register.

CATHEDRAL

Shadow at Cathedral High School

Come be a VIP—"Very IRISH Person"—for a day! We invite all 8th grade students to spend a day in the life of one of our students, meeting teachers, attending classes and experiencing what being IRISH is all about! Visiting students will be hosted by a freshman student who has similar co-curricular interests and/or academic abilities. Follow this link to sign up: <http://bit.ly/2x6qeGU> or contact Maribeth Cloud at mcloud@gocathedral.com.

Camp Cathedral Summer Camp

Join us for 2018 "Camp Cathedral" Summer Camps at Cathedral High School! Cathedral High School's Summer Camps are open for registration at www.campcathedral.com. Camp Cathedral runs from June 4-July 27 and includes half-day single camps and all-day combo camps. Before and after care are available. Families can choose from over 35 sports camps and nearly 60 enrichment camps. Camps are grade specific with offerings for Kindergartners through 12th graders. Make new friends and new memories! But hurry, as popular camps fill up quickly. Find more information and to sign up go to www.campcathedral.com.

High School Placement Test Summer Academy

Current 7th graders who want to maximize their potential for success on the High School Placement Test should consider Cathedral's Placement Test Summer Academy. For an early bird price of only \$85 for students who register by May 15, students can take a practice placement test on a Monday, receive direct instruction from Math and English teachers for three days, and take another practice test on a Friday. Plus, students receive a free test prep book (\$20 value) at the end of the course! Prepare for success on the test, and earn scores that can be used for admission and/or merit scholarships during 8th grade. Choose from mornings or afternoons during one of the two weeks—June 18-22 or July 9-13.

Visit www.gocathedral.com/hsptacademy or call [\(317\) 968-7370](tel:3179687370) to learn more!

SAINTS LACROSSE

Registration NOW OPEN through February 18: Teams are currently forming for the 2018 Spring Lacrosse Season! Boys and girls in grades 3 through 8, attending a North Deanery school or in good standing as a parishioner of a North Deanery church are encouraged to sign up. To register, visit www.catholiclax.com. For more information about our club, please contact Brenden Fitzgerald at catholiclax@gmail.com.